

Course Partner:



ADVANCED PEER SUPPORT TRAINING FOR PUBLIC SAFETY

DATE

May 7, 2026

TIME

8:00am - 5:00pm

COST

\$150.00

LOCATION

Brea Police Department
1 Civic Center Circle
2nd Floor
Brea, CA 92821

DESCRIPTION

As a peer supporter, it is common for you to think, "I don't know how to help, manage, or assess this situation." This one-day training is designed to eliminate the concern of providing support when the issue is uncomfortable. We will critically examine scenarios in which peer support members might find themselves. A brief lecture will be given to introduce the topic and the remainder of the class will be devoted to tabletop and class discussions. Make sure you are prepared to assess, discuss, share your experiences, and learn from others.

Topics will include helping a peer with:

- Sex / Porn addiction
- Divorce and custody situations
- Workers' compensation
- Eating disorders
- Chronic suicidal ideation
- Chronic illness and end of life
- Domestic violence

PRESENTER



Heather Williams, PsyD.

Premier First Responder
Psychological Services

After spending the last 20 years responding to critical incidents in partnership with law enforcement and 5 years with the Orange County Sheriff's Department as the Regional Peer Support Coordinator, Heather elected to take her passion to another level and in 2019, established Premier First Responder Psychological Services. As a licensed psychologist, Heather has committed to serving and protecting public safety and their family members by providing exceptional, culturally competent services. She offers individual, couples, and EMDR therapy, 24/7 crisis response services, critical incident debriefing, peer support development, oversight, training/presentations, consultation, active shooter response, and recovery coordination/crisis response services.

Learn More or Register at EmbassyCS.com/APS

