

Critical Incident Response for Peer Support Teams

POST CERTIFIED
#1083-24202-26

ATA REIMBURSEMENT ELIGIBLE



Support. Recover. Resilience. Restore.



Facilitated by Heather Williams, PsyD
30+ yrs in Public Safety | Peer Support Specialist | Licensed Psychologist

Build the skills to support your team when they need it most:

- » Identify the ripple effect of a critical incident
- » Discuss and define the role of peer support
- » Increase capacity to support after a critical incident
- » Understand acute stress reactions
- » How to reduce post-traumatic stress injury (PTSI)
- » Increase skills for crisis counseling
- » Discuss the importance of self-care

DATE

Dec. 10, 2026

TIME

8:00am - 5:00pm

COST

\$195.00

LOCATION

Westminster Police Department
8200 Westminster Blvd., Bldg #5
Westminster, CA 92683
EOC Room

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EmbassyCS.com/Register



In Partnership with
Westminster Police Department



COURSE DESCRIPTION

This POST Certified course is designed to prepare support team members to respond and effectively support the psychological recovery and resilience of public safety personnel after a large-scale critical incident, an active shooter, or terrorist event. All public safety employees and peer support members are encouraged to attend.

ABOUT THE INSTRUCTOR

After spending the last 20 years responding to critical incidents in partnership with law enforcement and 5 years with the Orange County Sheriff's Department as the Regional Peer Support Coordinator, Heather elected to take her passion to another level and in 2019, established Premier 1st Responder Psychological Services. As a licensed psychologist, Heather has committed to serving and protecting public safety and their family members by providing exceptional, culturally competent services. She offers individual, couples, and EMDR therapy, 24/7 crisis response services, critical incident debriefing, peer support development, oversight, training/presentations, consultation, active shooter response, and recovery coordination/crisis response services.



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